

What To Do With Your Diabetes Medications When You Are Having a Procedure or Surgery

-If you take medication for your diabetes **you should be scheduled in the morning** for procedures or surgery to help prevent your blood glucose from going too high or too low.

-Follow the general instructions below **unless your doctor has given you specific instructions to follow.**

What to Eat:	What to do with Medications:
THE DAY BEFORE YOUR PROCEDURE	
Eat a normal diet during the day	1. Patients taking oral diabetes medications or non-insulin injectables: <ul style="list-style-type: none"> ▪ Take your medications as you normally do
DO NOT eat or drink after midnight, unless directed otherwise	2. Patients taking insulin: <ul style="list-style-type: none"> ▪ You may need to take less NPH, Lantus, or Levemir the night before ▪ Check with your doctor who manages your insulin Dose of insulin to take the night before: _____ units
	3. Patients using an insulin pump: <ul style="list-style-type: none"> ▪ Change your insertion site and reservoir
THE MORNING OF YOUR PROCEDURE	
DO NOT eat or drink unless blood glucose is less than 70 mg/dl. If blood glucose is less than 70 mg/dl follow instructions in 1. to the right under “Check your blood sugar”	1. Check your blood sugar <ul style="list-style-type: none"> ▪ If it less than 70 mg/dl then take 15 grams of glucose tabs or drink 4 oz (1/2 cup) <u>clear juice</u> such as apple juice. Let the staff know you had a blood glucose less than 70 mg/dl when you arrive.
	2. Patients taking oral diabetes medications or non-insulin injectables: <ul style="list-style-type: none"> ▪ DO NOT take any oral diabetes medications or non-insulin injectables.
	3. Patients taking insulin: <ul style="list-style-type: none"> ▪ Most patients will NOT need to take their morning dose of insulin. ▪ Check with your doctor. who manages your insulin. Dose of insulin to take the morning of: _____ units
	4. Patients approved to use an insulin pump during the procedure: (by Anesthesiologist, Surgeon or Radiologist) <ul style="list-style-type: none"> ▪ You can continue your usual basal rate unless your doctor advises otherwise ▪ Bring extra supplies (insertion set, reservoir, batteries, insulin) ▪ Remind the staff that you are using an insulin pump
AFTER YOUR PROCEDURE	
Follow your doctor’s orders	Ask if you should take your oral medications (especially Metformin) and/or insulin when you get home.
THE DAY AFTER YOUR PROCEDURE	
Follow your doctor’s orders	<ul style="list-style-type: none"> ▪ If you have resumed your usual diet: take your diabetes medications unless advised otherwise by your doctor. ▪ If you are not able to resume your usual diet contact your doctor for instructions.